## **Neurodivergent-Affirming Care**

Charlie Health's virtual Intensive Outpatient Program (IOP) supports neurodivergent teens and young adults. This program is designed to meet the unique needs of neurodivergent clients who may have autism, ADHD, or another condition under the neurodivergent umbrella. Programming provides a safe and healing space to deal with the secondary stressors that can come with living in a neuro-typical world.

- Curated groups with similar peers
- Affirming, trauma-informed clinicians
- Individual therapy
- Family therapy
- Free parent support group
  - Learn more about how to support and understand your neurodivergent teen or young adult child. Led by neurodivergent-affirming therapists at Charlie Health.



Find your group. Grow together.

## Reach out for support

www.charliehealth.com (866) 491-5196 outreach@charliehealth.com

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